

## FAQs @ Interior Earth Remedies

When you need to use an earthen object as an adjustment inside your home, there are quite a few objects you can use.

Try to find something that **fits for the location where you need it**, as in both size and function. I have seen many places where earth is needed in an area where there is not much floor space to work with. An **earthen wall plaque** can work in this case.



I don't think you have to see earth for it to work, unlike red color for the fire element. But I do think it is better if the earthen object is **exposed to the air in the room** and not hidden behind furnishings or inside a cabinet.

Having earthen floors, like ceramic tile or terra cotta pavers has to have some influence; however the best earth remedy is one which has **some height** to it also.

There is no set amount of weight to use. Unlike metal, where I often recommend in excess of 50 pounds, I have never come up with an approximate of how much to use. Clearly, it needs to be something above 5 pounds in weight or a combination of smaller earthen items which total that much or more, for an average sized room.

Naturally occurring earthen areas will include stone kitchen counters, bathroom counters, and other bathroom fixtures made of porcelain. An earthen façade to a fireplace will count for earth in a room that needs it.

### **Stone**



## Clay



## Ceramic



## Shells



## Natural crystals



## Granite



## Marble



## Porcelain



### **Can I use a live potted plant as an earth remedy?**

There will be places where you can have a combination of both earth (the soil and the clay pot) and a live plant (wood phase). However, there are some circumstances where you want earth without any wood element present. You can ask me again about this for your own property. But if you happen to notice on your floor plan the notations of 3-8, 8-3, 4-8 or 8-4, this is the numerical coding for an area that is fine for earth, but not for wood (live plant.)

### **Can I use a salt lamp as an earth remedy?**

Salt lamps can work in areas that are good for both earth and fire together.



**Does the color of the earthen object matter?**

Earth colors are variations of yellow, orange or brown. Real earthen objects that are also earthen colors are fine to use. Painted earthen objects can still work as an earth remedy, but you have to be careful with large displays of red color, such as a large clay pot painted with bright red glaze.

**Does glass count as earth?**

Even though glass comes from sand, it has transformed quite a bit and is not the best source for earth. The good news is that glass is a non-element which can be used anywhere.

**How can I get earth into a child's bedroom?**

If your child is old enough to not disturb a live plant, this can work. They could also have a rock collection or a little girl might enjoy some porcelain dolls.