

Regarding Your Feng Shui Consultation

Thank you for inviting me into your space, to evaluate it according to these ancient metaphysical principles. My clients come from a wide variety of professions, cultures, and spiritual beliefs, as well as different expectations from this type of consultation. Some clients have very little knowledge about Feng Shui before we meet, while others may have read books, taken classes or they may have even worked with another consultant previously.

I am sometimes so excited about launching right into my findings and offering recommendations, that I might not spend a lot of time explaining the theories in depth or the rich historical tradition that Feng Shui comes from.

Qi (also written ch'i) is a Chinese word for energy. There are many manifestations and categories for defining energy. The concept of qi is used routinely in Chinese medicine and all Chinese metaphysical practices. In the simplest sense, qi can be deemed either harmful (sha) or healthful (sheng) to the people who dwell in a building. As well, your immediate exterior environment has been taken into consideration. My goal is to offer practical, affordable, and aesthetic solutions within the scope of traditional Feng Shui. And there are many layers to consider.

In the scheme of things, people often wonder just how much Feng Shui (your total environment) affects your life. The philosophy behind Feng Shui outlines five major influences in your life, where Feng Shui ranks about third. So we can say that the energies in and around your home or business can affect you at about 20% when we include all five influences. Sometimes, it seems like the Feng Shui is influencing us at 100%, especially when a person has a dramatic before/after shift. And in some specific areas of your life we can say that Feng Shui is in fact influencing it at 100% when a chronic problem gets completely resolved after adjustments have been made to your physical surroundings.

Following is an over view of some big areas I cover in the consultation. I don't always mention it when something is fine and in need of no change, but I would like you to know that I considered the area and made my observations.

We discuss your personal relationship with the space based on your birth date. Everyone has their own personal good and bad directions for health and productivity, relationships, sleep quality and career. I try to see how many ways you can take advantage of those good personal directions whenever possible. The direction you sleep in and the way you sit a good part of the day can have a big impact on important areas of your life. You can think of your body as an antenna or receiver for high and low frequencies. This may even be why some people do better living in a certain city or part of the world over another.

Within any given home or work environment, it is also my responsibility to prioritize when it comes to personal directions that are shared by people. It is very common for example, for a husband and wife to have opposite best sleeping directions.

I have to also decide in a business if it is more important for certain people to work in a particular area over others. With so many obvious and non-obvious stresses to family life these days, one of my goals is to help protect and enhance the family unit.

We discuss the balance of Yin-Yang energies, which looks into the effects of opposites and extremes. Usually, any extreme environment is not going to be good over a long period of time. Places that are chronically dark, noisy, cold, glaring, too quiet, hot or various other ways considered extreme will not serve your best interests. Some people have no choice but to live in congested, crowded noisy areas or near freeways or airports. Fortunately, most of us do not have to be subjected constantly to an excessive amount of yin or yang features in our interior or exterior environment.

We discuss the structure's energy blue print based on when it was built and/or renovated. I always try to investigate and validate the year of construction for you. Not all Feng Shui practitioners even address this aspect, which is actually critical to a proper analysis. There are also special circumstances, such as when a house is moved or damaged from fire or water, in which case a new energy has to be considered. Additions and remodels are so common now that sometimes I have to factor in that a house may have more than one Construction Cycle. Original Feng Shui masters were also students of geology and astronomy because of the unique blending of earthly and cosmological energies that are captured inside our built environment.

We discuss changing annual cycles which can help determine the best timing for helping actualize your goals. As a predictive art, Feng Shui calculations can forecast like the weather when a structure will envelope negative or positive influences on a yearly basis and how that trickles down into specific events in our lives, such as getting married, divorced, hired, fired, sicker, healthier or the ability to move. The annual energy shifts every February 4th.

You are given advice in the initial consultation that will be valid for decades as well as input about the current annual cycle your home or business is in. You are then offered the opportunity to have Yearly Updates, so that you can make a few important changes each year to accommodate the changing cycles. There are even *monthly and daily cycles* that can be tracked when people are timing such things as conception, legal actions, contracts, or remodeling.

We discuss how colors, elements and furniture placement can control, manipulate, suppress or stimulate the inherent subtle energies of your space. Colors on a large scale, such as wall color, carpeting or large pieces of furniture and art work can affect the magnetic field in a room. Many spaces are devoid of the organic real elements they need and I always explain why I am making a recommendation for an additional element to a room. This is similar to supplementing your body with nutrients you may be deficient in. It should not be about placebos or ritualistic practices. Your personal or work space is a vibrant, living organism that is constantly in flux and change.

There are two primary reasons for addressing furniture placement. One aspect is simply that the size, height and location of furnishings will direct how harmoniously the air currents move about a room, which in turn affects your own well-being.

The second reason for adjusting furniture arrangement is to cater to your best personal directions, for such things as sleeping, working, studying, doing a hobby or craft, or trying to communicate effectively with others.

We may consider how all your senses are affected by your environment or specific concerns you have which may be relevant to your unique space. If you are finding your senses assaulted on a regular basis, this is absolutely going to undermine your health and well-being. Things that you dislike hearing, seeing, smelling or feeling need to be changed so that you can function without these undermining influences. Some things we don't like are subjective, but no less real. I always marvel at how some people can focus on their work with a lap top in a busy coffee shop, while others need to go to a library with total silence in order to concentrate. We all have our own way of handling the constant sensory input in our lives.

We discuss your floor plan and how the energies have configured in the space based on its shape, like the way water fills a container based on its shape. Most structures are some variation of a square or rectangle. Quite frequently I review unusual floor plans where the path of qi distribution is surmised based on location of doors, windows, hallways and other architectural features.

Feng Shui is a type of analysis that feels more scientific to some than others. While pure science might seem more exacting than all the variables we have to consider in a Feng Shui analysis, it is also crucial for a scientist to maintain an open mind in order to make new discoveries. In the same way that harnessing electricity would appear like "magic" to our ancient ancestors, the rudiments of Feng Shui theory will no doubt be validated in the future by a world much more advanced than the one we live in today.

There are universal principles which affect all people similarly as well as more subjective circumstances, which influence your unique personality, age, gender or occupation.

Feel free to ask me more questions and keep me informed about the changes you make and the experiences you have. You are an important part of my dedication to documenting the effects of Feng Shui, so that I can continue to refine my observations and solutions, for you and for the benefit of future generations.

Fondly,

Kartar Diamond
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