

## **Frequently Asked Questions about Virtual “Mountains”**

Real mountains can have a big impact on the people who live near them and much is written about this in a branch of Feng Shui called *Form School* or *Landscape School*. Real mountains can act as transmitters of energy for hundreds of miles.

Nearby hills can also affect the energies inside a house and therefore the people.

The effects of mountains on people have to do with health and well-being. The outlook and fortunes of a whole city or town could be influenced by their mountains.

When a “virtual” mountain is recommended to the exterior of a house or building, the goal is to create something which can approach the influence of a real mountain. This would be impossible of course, but we can still get some good results when elevated earthen materials are placed in the ideal location outside a structure.

**If you are a client of mine and I have recommended that you create a “virtual” mountain in the front yard or backyard of your property, then you want to have something there which is made of stone, clay, brick or other earthen materials. One of my favorite choices is an elevated flower bed.**

For a commercial structure, you also want to create something tall, earthen, and ideally solid. We say that the virtual mountain should be at least a few feet high, but taller is even better.

Review the photo examples in this document for ideas regarding how to manifest your virtual mountain. It can be a boulder, a brick mail box pillar, a grouping of pottery, a stone statue, a stone bench or anything else that you can think of which is made of earth and which is pleasing to you esthetically.

The house in the photo below has a built up brick flower bed.



Here is another brick flower bed.



The photo below is of concrete planter boxes. The planter boxes and the soil they contain count as the mountain. You may ask if the brick façade of the building counts as the mountain, but it doesn't because the virtual mountain has to be separate from the structure. Even these planters in the photo are too close to the wall to be the ideal mountain remedy.



The next photo shows a stone pillar mail box in front of a house as well as a brick enclosed planter.

The virtual mountain has to be detached from the house. It cannot be a stone façade on a house or building.



Below is a photo of a landscape feature that incorporates elevated earth, brick and stone.



The following photos show boulders in the landscape.











Clay or ceramic pottery can count for some mountain energy too.



A detached half wall that is made of earthen materials can count for a mountain remedy too. Notice the half wall is not attached to the house where the opening is to pass through to the

front door. Also, if a stone wall is separated from the house by a wood or metal gate, that would technically work also.



**Q: Can fake boulders that are hollow be used as they are easy to lift?**

No, they will not be effective.

**Q: Can really tall trees work as a mountain remedy?**

Not really, even though this is discussed amongst Feng Shui practitioners as “better than nothing.”

**Q: Is it better to have a grouping of more than one earth item, or can one large boulder work?** Just think in terms of having a virtual mountain to scale with the structure. You can have one or more earthen items to satisfy the quota for maximum volume of earth for your mountain.

**Q: Can potted plants on my porch work as a mountain remedy?**

The potted plants might work as a mountain, but it is better to have the item clearly away from the house. Tucked into the porch might be too close to the house.





**Q: Does it matter what color the rocks are?**

This would rarely matter.

**Q: Can I use a stone fountain as a mountain?**

There are in fact some house types where both water and mountain are put together on the same side of the house. But unless you have been specifically advised to do that, then the mountain and water remedies should be kept separate. You CAN however, turn an old fountain into a planter and if it is tall and made of stone, it can be your mountain also.

Below is a photo of a client who specifically created a little mound of elevated earth on her front lawn to create her virtual mountain. She reported that she felt a positive shift as soon as she had the mound created. Where to place your outside mountain remedy is specific to the house and as a client of mine, we discussed that location in your consultation and report.



If your question has not been answered, please let me know as I will gladly answer it and add it to this file for the benefit of others too.